

Approved CHA Health Partners as of April 1st, 2024

***CHA welcomes new health partners this month**

Organization	Contact Person	Phone Number	Geographic Location (s)	Partnership Expiration Date	E-mail	Approved Activities
1st Assist Home Healthcare LLC	Pamela Canete	630-339-3688	South Side	5/31/2025	pcanete.1stassisthhc@gmail.com	Classes on medication awareness, disease management (hypertension, diabetes, and arthritis), nutrition education, and fall prevention.
Addus Homecare	Lashun James	630-296-3400	North Central/Westside South	9/30/2024	ljames@addus.com	Health promotion activities; non-invasive blood pressure screenings, healthy eating workshops, and low impact exercise programs
Advocate Medical Group	Nicholas Martin	901-497-8946	North/Central	11/30/2024	nicholas.martin@aah.org	Workshops on healthy living. Topics include: smoking cessation, chronic disease management, Alzheimer's/brain health, nutrition & exercise, cancer awareness, comprehensive continence, mental health first aid, hoarding, stroke prevention & awareness, asthma prevention & management, substance use & misuse
Alzheimer's Association	Phillip Bennett	847-779-6955	North Central/Westside South	4/30/2024	pbennett@alz.org	Education Programs related to dementia and Alzheimer's
American Lung Association	Eva Book	312-445-2508	North Central/Westside South	8/31/2024	eva.book@lung.org	Smoking cessation programs and services. Presentations on general lung health and wellness.
Blue Cross Blue Shield of Illinois*	L. Marie Asad	773-301-4377	North Central/Westside South	4/30/2026	L.Marie_Asad@bcbs.il	Health aging discussions, Health education programs on chronic conditions (diabetes, high blood pressure, colorectal health), Healthy eating demonstrations, and provide Mental Health First Aid training.
CaptionCall	Lara Bruce	630-605-2394	North Central/Westside South	6/30/2024	Lbruce@captioncall.com	Presentations on hearing loss, benefits of treating hearing loss, and available resources.
Chicago Hope and Palliative Healthcare Inc	Jeff Uju	708-598-2509	North Central/Westside South	6/30/2025	info@chicagohopeandpalliative.com	Educational workshops covering: Advanced Directives, Living Wills, Five Wishes, Hospice 101, End of life care and concern, Grief & Loss, Fall Prevention, Medication Management, and Disease Management
Chinese American Service League	Jinxiao Tan	312-791-0418	Central	11/30/2024	jinxiao_tan@caslservice.org	Workshops on healthy living for brain and body, including Alzheimer's and related dementia. Presentations are available in Cantonese, Mandarin, and English.
Colgate Bright Smiles Bright Futures	Antegoni Kyros	724-961-0803	North Central/Westside South	7/31/2024	chicagobsbfteam@gmail.com	Mobile dental van to provide dental screenings and referrals to treatment for children 12 and under.
Essential Home Healthcare, Inc	Belinda Brown	312-656-6852	North Central/Westside South	6/30/2024	belindabrown270@yahoo.com	Educational workshops on mental health, depression, anxiety, meditation techniques, yoga, music therapy, stress relief bingo, and blood pressure checks.
Excellent Care Health Services, Inc	Sherry Holmes	630-893-9010	North Central/Westside South	3/31/2025	echs100@hotmail.com	Educational Health Topics on: chronic disease management (HIV/AIDS, blood pressure, cardiac concerns, arthritis, etc.), pain management, nutrition, emotional challenges, dementia & cognitive decline, how to stay healthy, and fall prevention.
First Class Home Health Inc*	Phyllis Sasu-Perez	773-474-3942	North Central/Westside South	4/30/2026	contact@firstclasshomehealthcare.com	Education seminars on chronic disease management, medication safety, maintain cognitive function, and fall prevention, physical fitness classes, and senior support groups including grief support.
Global Executive Council Services	Nazneen Begum	773-766-0767	North Central/Westside South	7/31/2024	nazneen@gecnfp.com	Health education presentations on depression, anxiety, bipolar disorder, schizophrenia, stroke, fall prevention, diabetes, Alzheimer's, pain management, and smoking cessation.

Heroes Home Health	Alice Chiu	312-856-3848	North Central/Westside South	4/30/2025	achiu@heroeshomehealth.com	Health presentations on diabetes, cholesterol management, cardiac care, wound care, holiday nutrition management, health literacy, chair exercises, arthritis prevention/treatment, and fall prevention.
Humana	Silvia Franco-Spiegel	630-659-8533	North Central/Westside South	10/31/2024	sspiegel@humana.com	Health Education Workshops covering: Healthy Nutrition, Sleep Hygiene, Energy & Mood, Brain Health, Healthy Aging
Jackson Park Hospital and Medical Center	Michael Applegate	773-947-7500	South	2/28/2025	maegate1@aol.com	Educational Health Topics on: Aging in Today's World, Preventative and Emergency Medical Care, Pain and Medicine Management, Overcoming Substance Abuse/Cigarettes, Behavioral Health, Managing Diabetes, Heart Disease, High Blood Pressure, Strokes, Feet
JenCare	Diane Dorsey	773-999-4595	Central/Westside South	4/30/2025	diane.dorsey@jencaremed.com	Educational events on allergies/asthma, brain health, congestive heart failure, COPD, diabetes, immunization health, healthy aging, heart health, kidney health, and lung health
Nightengale of Chicago, Inc.	Aasia Khan	773-445-0366	North Central/Westside South	2/28/2024	aasiabkhan@yahoo.com	Wellness Programs/Education Programs: Education on how seniors can best manager their health and activity levels, walking/dance classes, importance of yearly flu shot, medication management, how cold affects seniors, information on home safety, living with low vision or hearing loss, and cognitive programs to stimulate memory/brain fitness
Oasis Hospice & Palliative Care Inc	Hakeem Bello	708-712-9196	North Central/Westside South	8/31/2024	hakeem@oasishospice.us	Blood pressure screenings, music therapy, disease progression education, Alzheimer & dementia education, hospice & palliative care education
Peace Hospice and Palliative Care/Three Oaks Company	Christine Taylor	214-628-9090	North Central/Westside South	9/30/2024	ctaylor@peacehospice.net	Health Education workshops including: Pet therapy, End of life care including palliative and hospice options, Basic First Aid and hygiene, Managing disruptive behavior including de-escalation, Safety measures including fall prevention, Caring for loved ones with dementia, strokes, hard of hearing, and visually impaired, Proper nutrition and avoiding dehydration, Grief/Loss
Prevention Partnership, Inc.	Lee Rusch	773-450-1567	Central/Westside	4/30/2024	westsidetaskforce@yahoo.com	Education Programs on opioid awareness, overdose prevention, opioid overdose recognition and response, and signs and symptoms of substance use disorder
Prime Care Home Health	Anthony Todd	312-375-6634	North Central/Westside South	2/28/2025	atodd60613@yahoo.com	Senior Wellness Education Presentations: Alzheimer's Disease and Dementia Overview, Breast Cancer Overview, Fall Prevention Information, Medication Management, Why Black Aging Matters Too, Diabetes, Hypertension, Liver Disease, Prevention and Early Diagnosis, Cancer, Drug and Alcohol Abuse in Seniors.
Rush Generations	Padraic Stanley	312-942-2089	Central/Westside	4/30/2026	Padraic.Stanley@rush.edu	Evidence based workshops to promote wellness (chronic condition management, pain management, fall prevention, and emotional wellness) and balance screenings.
SHARE Network at University of Chicago Medicine Section of Geriatrics and Palliative Medicine	Renee Kroplewski	708-829-6958	South	2/28/2026	rkroplewski@bsd.uchicago.edu	The Supporting Healthy Aging Resources and Expertise Network (SHARE) offers trainings on topics related to older adult health and wellness. Topics include: cognitive decline and dementia, fall prevention, end of life care, advanced care planning, opioid overdose prevention, medication management, depression and other emotional issues, cardiovascular problems, arthritis, and getting the most out of physician visits
Sinai Urban Health Institute	Stacy Ignoffo	773-257-2745	Central/Westside South	4/30/2024	stacy.ignoffo@sinai.org	National Diabetes Prevention Program and Helping Her Live breast health awareness program

Tapestry 360 Health	Amanda Montgomery	773-751-7800	Northside	8/31/2025	amontgomery@tapestry360health.org	Educational workshops covering cooking and nutrition, benefits of sleep, stress reduction techniques, healthy aging, holistic health, COVID-19 information, chronic illness education (i.e. diabetes, heart health, blood pressure, etc.), explain the health care system (difference between emergency room, urgent care, and primary care).
TCA Health, Inc	Donisha Reed	773-995-6300	South Side	7/31/2024	dreed@tcahealth.org	Fitness classes for youth, adults, and seniors. Chronic disease prevention and management classes (diabetes, hypertension, and asthma). Healthy eating and nutrition classes. Gardening classes. Mindfulness/stress management classes.
U and I Family Wellness	Mercedes Williams	773-499-9678	South	4/30/2024	info@uandifam.com	Wellness Mixers and wellness/mental health education
UI Health Community Relations	Pilar Carmona	312-355-5728	North Central/Westside South	4/30/2024	pilarb@uic.edu	Health presentations on Men's Health, Diabetes, Stroke Education, Kidney Education, and community wellness