

Approved CHA Health Partners as of September 1, 2020

\* CHA welcomes new health partners this month

Organization	Contact Person	Phone Number	Geographic Location (s)	Partnership Expiration Date	E-mail	Approved Activities
American Lung Association	Eva Book	312-445-2508	North Central/Westside South	8/31/2020	<a href="mailto:eva.book@lung.org">eva.book@lung.org</a>	Smoking cessation programs and services. Presentations on general lung health and wellness.
Addus Homecare	Lashun James	630-296-3400	North Central/Westside South	9/30/2020	<a href="mailto:ljames@addus.com">ljames@addus.com</a>	Health promotion activities; non-invasive blood pressure screenings, healthy eating workshops, and low impact exercise programs
Advantage P.T. Associates & Wellness	Jim Dallas	630-901-3870	Central/Westside	5/31/2021	<a href="mailto:jimdallas2@aol.com">jimdallas2@aol.com</a>	Provide education and instruction on fall prevention strategies, pain management, and improving balance and coordination.
Advocate Illinois Masonic Medical Center	Sandra Arellano	773-296-7355	North Central/Westside South	9/30/2020	<a href="mailto:sandra.arellano@advocatehealth.com">sandra.arellano@advocatehealth.com</a>	Health Education Programs on the following topics: Smoking Cessation, Better Breathers Club, Stroke Awareness, Heart Health, Managing Diabetes, Nutrition/Exercise, Comprehensive Continence Program, Fall Prevention, Alzheimer's/Brain Health, Understanding Medicare, Mental Health First Aid, Colon Cancer Awareness, Spine Health, Breast Health, and Chronic Conditions Self-Management
Alzheimer's Association	Phillip Bennett	847-779-6955	North Central/Westside South	3/31/2022	<a href="mailto:pbennett@alz.org">pbennett@alz.org</a>	Education Programs related to dementia and Alzheimer's
Assyrian Universal Alliance Foundation	Larry Dakof	773-863-3566	North Central/Westside South	12/31/2021	<a href="mailto:ldakof@auaf.us">ldakof@auaf.us</a>	Art & Music Program
Center on Mental Health Services and Research Policy-UIC	Sean Johnson	312-286-4618	North Central/Westside South	2/28/2021	<a href="mailto:seanj@uic.edu">seanj@uic.edu</a>	Present the Wellness Recovery Action Program (WRAP). Develop wellness plans and provide handouts and other helpful resources
Chicago Hope and Palliative Healthcare Inc	Jeff Uju	773-392-2088	North Central/Westside South	4/30/2021	<a href="mailto:info@chicagohopeandpalliative.com">info@chicagohopeandpalliative.com</a>	Interactive educational activities, fall prevention measures. Medication management, staying active and independent
Churchview Supportive Living	Elizabeth Clippard	773-471-4444	North Central/Westside South	3/31/2022	<a href="mailto:marketing@churchview-sw-slf.com">marketing@churchview-sw-slf.com</a>	Lunch & Learn health and wellness education events
Colgate Bright Smiles Bright Futures	Antegoni Kyros	724-961-0803	North Central/Westside South	6/23/2020	<a href="mailto:chicagobsbfteam@gmail.com">chicagobsbfteam@gmail.com</a>	Mobile dental van to provide dental screenings and referrals to treatment.
Dr. Peter Hancock, DPM	Peter Hancock, DPM	847-409-5045	North Central/Westside South	7/31/2021	<a href="mailto:hancock30@sbcglobal.net">hancock30@sbcglobal.net</a>	Health and welfare program about lower extremities

Elite Medical Transportation	Dennis Dooley	708-478-8880 ext111	North Central/Westside South	11/30/2020	<a href="mailto:dennis@eliteambulance.org">dennis@eliteambulance.org</a>	Health and wellness presentations on staying healthy, avoiding the flu, private ambulance presentations for educational purposes only.
Essential Home Healthcare, Inc	Belinda Brown	312-656-6852	North Central/Westside South	6/30/2022	<a href="mailto:belindabrown270@yahoo">belindabrown270@yahoo</a>	Educational workshops on mental health, depression, anxiety, meditation techniques, yoga, music therapy, stress relief bingo, and blood pressure checks.
Evergreen Home Care	Eric Kim	773-666-5485	North Central/Westside South	11/30/2020	<a href="mailto:evergreenhc7@gmail.com">evergreenhc7@gmail.com</a>	Developing healthy nutritional habits, pain management, managing chronic health conditions, the importance of physical activity, safety measures and fall precautions, benefits of maintaining strong cognitive health, benefits of companionship, promoting a clean-living environment. Organize certain events such as games and activities which promote cognitive health as well as providing general companionship for the residents
Excellent Care Health Services Inc	Sherry Holmes	630-893-9010	North Central/Westside South	9/30/2020	<a href="mailto:echs100@hotmail.com">echs100@hotmail.com</a>	Health Education Programs on the following topics: Cardiac care/blood pressure monitoring, pain management, arthritis, physical activity, mental health, cognitive decline, nutrition, and wound management.
Frontier HealthCare Systems	Craig Brown	708-890-2158	North Central/Westside South	2/28/2021	<a href="mailto:cbrown@frontierhcs.com">cbrown@frontierhcs.com</a>	General information and noninvasive screenings. Educational sessions on topics such as Diabetes, hypertension, pain/arthritis, respiratory diseases, fall and safety, and nutrition
Gergia Doty Comprehensive Health	Don Doty	312-282-1375	North Central/Westside South	1/31/2022	<a href="mailto:dondoty@ameritech.net">dondoty@ameritech.net</a>	Health Education
Grace Home Health Care Inc	Janis Luvert	708-566-4509	North Central/Westside South	11/30/2020	<a href="mailto:gracehh@att.net">gracehh@att.net</a>	Health education on chronic disease management, medication management, and safety. Healthy food options, cooking tips, and nutrition management to promote wellness. Educate on fall risk and fall presentation strategies and exercise programs. Health and wellness presentations and Bingo.
Heartland Health Centers	Amanda Montgomery	773-316-0844	North	4/30/2021	<a href="mailto:amontgomery@heartlandhealthcenters.org">amontgomery@heartlandhealthcenters.org</a>	Disease prevention, self-management techniques for chronic illnesses, promote wellness, health education classes.
Heritage Woods of Chicago	Lorraine Thomas	773-329-8063	North Central/Westside South	7/31/2021	<a href="mailto:marketing@hw-chicago-slf.com">marketing@hw-chicago-slf.com</a>	Medication management training, health education, health fairs. Bingo games, raffles, light refreshments.

Heroes Home Health	Alice Chiu	708-310-2735	North Central/Westside South	2/28/2021	<a href="mailto:achiu@heroeshomehealth.com">achiu@heroeshomehealth.com</a>	Healthcare Power of Attorney education, Diabetes Awareness and prevention, Cholesterol Management, cardiac care/wound care, hypertension and stroke awareness, holiday nutrition management, health literacy, exercise for chair bound or limited mobility residents, arts and crafts for arthritis prevention, fall prevention
Howard Brown Health	Kelly Rice	773-388-8894	North Central/Westside South	12/31/2020	<a href="mailto:kellyr@howardbrown.org">kellyr@howardbrown.org</a>	Health and wellness workshops to CHA residents and chronic disease self management courses
Humana	Silvia Franco-Spiegel	630-659-8533	North Central/Westside South	1/31/2022	<a href="mailto:sspiegel@humana.com">sspiegel@humana.com</a>	Health Education Programs in a Box: Healthy Brain, Preventing Falls, Sugar; not so sweet tooth
Jackson Park Hospital	Michael Applegate	773.326.8195	South	11/30/2020	<a href="mailto:michaelapplegate@jacksonpark.com">michaelapplegate@jacksonpark.com</a>	Motivational and educational health care topics, music therapy, social engagement tips, relationship topics, low impact exercises, interactive sessions.
Jencare Senior Medical Centers	Richard Larkin	773-999-1763	Central/Westside South	11/30/2020	<a href="mailto:Dick.Larkin@ChenMed.com">Dick.Larkin@ChenMed.com</a>	Educational events such as Doc Talks including cardiovascular issues, nutritionists, and primary care physician, entertainment such as sip and paint, bingo, and trivia.
LDDP LLC	Daphne Nwankpa	872-227-2881	North Central/Westside South	5/31/2021	<a href="mailto:lddpllc@gmail.com">lddpllc@gmail.com</a>	Provide education and instruction on disease process and medication. Health education on health issues and the impact, lower extremity neuropathy, arthritic conditions, and proper foot care.
Molina Healthcare of Illinois	Staci Diggs	773-241-9873	North Central/Westside South	2/28/2021	<a href="mailto:Staci.Diggs@MolinaHealthcare.com">Staci.Diggs@MolinaHealthcare.com</a>	Providing health education and healthy resources to those in the communities through health events for families and individuals through health fairs and health educational events
Near North Health Service Corp	Berneice Mills- Thomas	312-337-1073	North Central/Westside South	2/28/2021	<a href="mailto:bthomas@nearnorthhealth.org">bthomas@nearnorthhealth.org</a>	Provide health education and healthy resources on substance use treatment, early intervention services, nutrition services, including cooking classes
New City Supportive Living	Aisha Burke	773-376-1223	Central/Westside South	11/30/2020	<a href="mailto:marketing@newcity-slf.com">marketing@newcity-slf.com</a>	Educational, health, and wellness seminars, aged related wellness care, healthy eating, nutrition, dementia seminars, social activities
Nightengale of Chicago, Inc.	Asia Khan	773-445-0366	North Central/Westside South	1/31/2022	<a href="mailto:aasiabkhan@yahoo.com">aasiabkhan@yahoo.com</a>	Wellness Programs/Education Programs: Education on how seniors can best manage their health and activity levels, walking/dance classes, importance of yearly flu shot, medication management, how cold affects seniors, information on home safety, living with low vision or hearing loss, and cognitive programs to stimulate memory/brain fitness

Oak and Ivy Counseling	Celia Hardamon	312-709-1342	North Central/Westside South	12/31/2020	<a href="mailto:therapist@oakandivcounseling.com">therapist@oakandivcounseling.com</a>	Focus on increasing coping skills, adjusting to changes as they age, building healthy relationships, advocacy, increasing social skills, relaxation, and positive management of mental health issues. Yoga and meditation offered
Oasis Hospice & Palliative Care Inc	Hakeem Bello	708-712-9196	North Central/Westside South	7/31/2022	<a href="mailto:hakeem@oasishospice.us">hakeem@oasishospice.us</a>	Blood pressure screenings, music therapy, disease progression education, Alzheimer & dementia education, hospice & palliative care education
Omni Health Care	Vivek Gupta	773-772-7858	North Central/Westside South	7/31/2021	<a href="mailto:Vgupta@omnihealthil.com">Vgupta@omnihealthil.com</a>	Non-invasive screenings, educational events, fall prevention, medication awareness. Healthy eating, stroke awareness, nutrition classes. Therapeutic art and jewelry classes, memory classes, and bingo.
Peace Hospice and Palliative Care/Three Oaks Company*	Christine Taylor	214-628-9090	North Central/Westside South	9/30/2020	<a href="mailto:ctaylor@peacehospice.net">ctaylor@peacehospice.net</a>	Health Education workshops including: Pet therapy, End of life care including palliative and hospice options, Basic First Aid and hygiene, Managing disruptive behavior including de-escalation, Safety measures including fall prevention, Caring for loved ones with dementia, strokes, hard of hearing, and visually impaired, Proper nutrition and avoiding dehydration, Grief/Loss
Prevention Partnership, Inc.	Lee Rusch	773-450-1567	Central/Westside	3/31/2022	<a href="mailto:westsidetaskforce@yahoo.com">westsidetaskforce@yahoo.com</a>	Education Programs on opioid awareness, overdose prevention, opioid overdose recognition and response, and signs and symptoms of substance use disorder
Prime Care Home Health Services	Anthony Todd	312-375-6634	North Central/Westside South	11/30/2020	<a href="mailto:atodd60613@yahoo.com">atodd60613@yahoo.com</a>	Health education on topics such as dementia, Medication compliance, hypertension and diabetes
Rush University Medical Center Department of Social Work and Community Health	Padraic Stanley	312-942-2089	Central/Westside South	1/31/2022	<a href="mailto:padraic_stanley@rush.edu">padraic_stanley@rush.edu</a>	Evidence-based workshops: Take Charge of Your Health, Take Charge of Your Diabetes, Matter of Balance, and Health Legacy for Women
Sinai Urban Health Institute	Stacy Ignoffo	773-257-2745	Central/Westside South	3/31/2022	<a href="mailto:stacy.ignoffo@sinai.org">stacy.ignoffo@sinai.org</a>	National Diabetes Prevention Program and Helping Her Live breast health awareness program
South Side Help Center	Pearl Jackson	773-701-4233	North Central/Westside South	1/31/2021	<a href="mailto:pjackson@southsidehelp.org">pjackson@southsidehelp.org</a>	Life saving presentations on subjects such as HIV/AIDS, Rheumatoid Arthritis, Breast Cancer and similar topics
TCA Health, Inc	Donisha Reed	773-995-6300	South Side	6/18/2020	<a href="mailto:dreed@tcahealth.org">dreed@tcahealth.org</a>	Fitness classes for youth, adults, and seniors. Chronic disease prevention and management classes (diabetes, hypertension, and asthma). Healthy eating and nutrition classes. Gardening classes. Mindfulness/stress management classes.

U and I Family Wellness	Mercedes Williams	773-499-9678	South	3/31/2022	<a href="mailto:info@uandifam.com">info@uandifam.com</a>	Wellness Mixers and wellness/mental health education
Uchicago Charter School	Todd Barnett	773-834-4027	South	9/30/2020	<a href="mailto:tbarnett@uchicagocharter.org">tbarnett@uchicagocharter.org</a>	Healthy cooking classes/Nutrition workshops, community gardening, exercise classes, Intergenerational book clubs, art projects, and games for community service learning hours. Recruit seniors to serve as volunteer readers and helpers at Donoghue and NKO.
Ujamaa Co-Op Farmer's Market	Jack O Taylor	872-713-4491	North Central/Westside South	1/31/2021	<a href="mailto:vonhen@yahoo.com">vonhen@yahoo.com</a>	Healthy cooking demonstrations, blood pressure, heart, and other non invasive screenings. Urban agriculture education workshops
University of Chicago Medicine Section of Geriatrics & Palliative Medicine	Jason Molony	773-702-9638	South	1/31/2022	<a href="mailto:jmolony@medicine.bsd.uchicago.edu">jmolony@medicine.bsd.uchicago.edu</a>	The Supporting Healthy Aging Resources and Expertise Network (SHARE) offers trainings on topics related to older adult health and wellness. Topics include: cognitive decline and dementia, fall prevention, end of life care, advanced care planning, opioid overdose prevention, medication management, depression and other emotional issues, cardiovascular problems, arthritis, and getting the most out of physician visits
Welcome Health LLC	David Gordon	224-283-4656	North Central/Westside South	11/30/2021	<a href="mailto:welcomhealthllc@gmail.com">welcomhealthllc@gmail.com</a>	Educational presentations on Fall Prevention, Men's Health, and Nutrition
WellCare Health Plans	Alicia Jackson	312-632-0868	North Central/Westside South	11/30/2020	<a href="mailto:alicia.jackson@wellcare.com">alicia.jackson@wellcare.com</a>	Provide awareness through social engagement. Host game days to stimulate memory, sensory, and physical exercise. Provide themed events such as dancing